



Morris Brandon General PTO Meeting

January 17, 2024

9:00 AM, Zoom

I. Welcome/ Call to Order

Presenter: Lindsey Porter
Start Time: 9:02 AM
Meeting Adjourned: 9:48 AM

Lindsay began the meeting and Lane motioned to approve the minutes from our previous General PTA meeting in September. Brittany seconded and the meeting minutes were approved.

II. PTO Update

Presenter: Lindsey Porter and Brittany Goepf
Discussion:

A. Calendar of Events for Spring/ Volunteers Needed- Parents have been super involved this year. This spring will be full of great events. Read A Thon starts this Friday and serves as PTAs biggest fundraiser. The Parent Son party will be held in February for third through fifth grade boys and the adult of their choice. It will be free to attend but we need attendees to register. In March we have our school auction themed "Brandon Boogie Nights." This event will include lots of celebrating, music and food along with silent and live auctions. We are currently selling tickets and looking for sponsorships and item donations for the auctions. A golf tournament will take place this spring so look out for more details to come. In April, Tall & Small Ball, the Talent Show and Walk to School Day will take place. To wrap up our year, Field Day will take place in May. With all of these exciting events we will need volunteers.

B. PTO Committee Chair Call – Spring 2024- We are looking this Spring for parents who want to serve as committee chairs for PTA. An interest form will be sent out at a later date in the semester and as a reminder no previous experience is necessary.

C. How the PTO is supporting our school and how you can support the PTO/fundraising- We gave over 125 teachers and staff blankets and beanie hats for holiday gifts including staff, bus drivers etc. PTO will continue to support teachers and staff with monthly breakfasts, stocking their break rooms with snacks and an end of year celebration. PTO will also continue to have

fabulous support from business partners. Please support these business partners as they support us. Logo wear continues to be a huge support. For Spirit Nights, we have some new partners. We will still have Chik fil A and Willys but will also have Naan Stop and Tiff's Treats as new additions.

III. Guest Speaker- Nancy Green and Kim Normand Dobrin from Free The Mind

Presenter: Nancy Green and Kim Normand Dobrin
Discussion:

We were lucky to have Kim Normand Dobrin and Nancy Green from Free The Mind join our meeting as guest speakers. Free The Mind provides social emotional learning for elementary school children, parents, educators and families. With 30+ years in education and human rights Kim led our attendees in an exercise. We looked at the many hats our kids are wearing and the emotions attached to them: happiness, joy, stress, pride and more came to mind. We discussed how parents hold their children's emotions and get exhausted for their children. This is demanding and the norm for our kids and ourselves. We went through a few exercises that we can take home to try with our kids including incorporating exercise and activity into our schedules just before our children need to be still or focus. We also discussed giving our children language so they can relay how they are feeling. We were reminded to praise our kids when they are expressing as well as regulating themselves. For links to some of these exercises you can visit <https://freethemindco.com/family-program/>

IV. Conclusion of Meeting

Presenter: Lindsey Porter and Brittany Goepf
Discussion:

Our presenters and attendees were thanked for joining.

The meeting was adjourned at 9:48 AM.

PTA Representatives at this meeting:
Brittany Goepf, PTA Co President
Lindsey Porter, PTA Co President
Lane Kurban, Secretary